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DORCAS MENSAH

CAREER OBJECTIVE

Forward-thinking individual with refined interpersonal and multitasking skills. As a passionate Public Health Nurse dedicated to improving community health through evidence-based strategies and advocacy for vulnerable populations. Seeking to make a significant impact on population health through collaborative interventions

EDUCATIONAL BACKGROUND

June 2017 - December 2019 Kwame Nkrumah University of Science and Technology
, Winneba, **Diploma in Community Health Nursing**

September 2009 – November 2011 Winneba College of Community Health Nursing School ,
Certificate in Community Health Nursing

September 2008 – April 2011 Fijai Senior High School, **West African Senior Secondary
School Certificate Examination**

WORK EXPERIENCE

1st April 2012 – Present, **GHANA HEALTH SERVICE NATIONAL HEADQUARTERS
(Staff).**

Responsibilities

- Health Assessment
- Child Welfare Clinics
- Assist Midwife to conduct delivery
- Health Education
- Immunization and Screening
- Home Visits

- Disease Management
- Community Outreach
- Public Health Interventions
- Health Promotion
- Data Collection and Reporting
- Advocacy
- Policy Implementation

March 2022 –Present: **YMK CYBER COUNSELLOR .**

Responsibilities

- Provide confidential and secure online counseling sessions to adolescents and individuals seeking support and guidance for various health issues related on the cyber space.

July 2022 – Present: **INSTRUCTIONAL DESIGNING.**

Responsibilities

- Designing online courses.
- Graphic designing.
- Vyond animation

POSITIONS HELD

- Sub District Adolescent Focal Person, Prampram Polyclinic, Prampram (2022-Present).
- Drama Vice President, Winneba College of Community Health Nursing School, Winneba (2010/2011).
- Assistant Entertainment Prefect, Winneba College of Community Health Nursing School, Winneba (2010/2011).
- Grameen Foundation CHN On The Go App Ambassador for Prampram (2015-2016)
- Ghana Health Service Adolescent Social Media Manager, (2023-Present)
- National Youth Advisory Committee Facilitator (2021-Present)
- Instructional designer with the Ghana Health Service IT team

TRAININGS AND SEMINARS ATTENDED

- **GRAPHIC DESIGNING (ADOBE XD)** (February, 2023)

- **PROTOTYPING (February 2023)**
- **E-FACILITATION (APRIL 2023)**
- **BASIC ICT TRAINING (APRIL 2023)**
- **INSTRUCTIONAL DESIGNING (July 2022)**
- **CYBER COUNSELLING (March, 2022)**
- **SAFETY NET TRAINING (2021)**
- **AGILE SCRUM (July ,2020)**
- **ADOLESCENT YOUTH FRIENDLY HEALTH SERVICES (2017)**
- **ADOLESCENT CONTRACEPTIVES (2017)**

PROFICIENCIES -A

- Proficient in conducting thorough health assessments of individuals and communities to identify health needs and risks accurately.
- Proficient in developing and delivering effective health education programs to promote preventive care and healthy lifestyle practices.
- Proficient in administering vaccines and conducting screenings for various health conditions to ensure early detection and timely interventions.
- Proficient in developing comprehensive care plans for individuals with chronic diseases and coordinating multidisciplinary healthcare teams.
- Proficient in engaging with diverse communities to raise awareness about health issues and promote health initiatives effectively.
- Proficient in collaborating with healthcare teams and community organizations to implement targeted interventions for disease prevention and health promotion.

PROFICIENCIES -B

- Proficient in collaborating with other healthcare professionals and community partners to achieve comprehensive and holistic care for individuals and communities.
- Proficient in demonstrating empathy and effective communication skills to establish rapport with patients, families, and community members.
- Fast in learning and understanding issues.
- Hardworking and very proactive.
- A team player who focuses on producing results
- Able to multitask and work under pressure for deadline success.

EXTRA CURRICULAR ACTIVITIES

- Researching
- Swimming
- Singing
- Watching movies
- Reading

REFERENCES

Mrs. Gifty Ben-Aryee

Adolescent Health Program Officer,
Ghana Health Service.

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Ms. Sharifata

Mohammed

Adolescent Health
Program Officer

Mobile: +233 26 525 5988.

Mrs. Gifty Ofori Ansah

Ninigo- Prampram District health Director

Ningo- Prampram

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